

IONIS-DMPK<sub>Rx</sub> Clinical Program in Myotonic Dystrophy Laurence Mignon, PhD PHARMACEUTICALS **Director, Clinical Development** Partnered with



#### Development of a Treatment for Myotonic Dystrophy

How Ionis got involved in Myotonic Dystrophy

- Year 2008
- Within 1 week, Frank Bennett heard from:
  - Marigold Foundation
  - Association Française contre les myopathies (AFM)
  - Charles Thornton,
    University of Rochester



Therapeutic Strategies for Myotonic Dystrophy Workshop August 13-16, 2008 Banff, Alberta, Canada

#### The Search for a Treatment for Myotonic Dystrophy

Why Ionis Became Interested in Myotonic Dystrophy

#### Myotonic Dystrophy Type 1 (DM1) – A toxic gain-of-function RNA

- Triplet Repeat Disease expanded CUG repeats in the DMPK gene results in the formation of long "toxic" RNAs
- Disease severity and age of onset is correlated with number of repeats (higher # repeats = more sever disease)
- Broad spectrum of symptoms, including muscle dysfunction and GI tract issues
- Juvenile and adult forms of DM1

#### Why IONIS became interested in DM1

- Targeting toxic RNA, uniquely possible through ASO technology
- Potential to treat multiple aspects of the disease
- This is a rare autosomal dominant genetic disease with no treatment
- No approved treatment to stop or slow the progression of DM1



#### How Genetic Information Flows From in DNA $\rightarrow$ Protein

The "Central Dogma" of Molecular Biology



### Antisense Drugs Target RNA, Not Proteins



# IONIS-DMPK-2.5<sub>Rx</sub> is a Gen 2.5 Antisense Drug Designed to Reduce Toxic RNA Levels

- First muscle target
- IONIS-DMPK-2.5<sub>Rx</sub> targets toxic DMPK RNAs in multiple tissues
- RNase H1-mediated degradation of DMPK RNA releases sequestered proteins and restores normal cellular function





Cooper, T.. (2009) Science. 325:272-273

## Drug Discovery Steps in the Process



Learnings from the trial

#### IONIS-DMPK<sub>Rx</sub>-CS2: Phase 1/2a Multiple Ascending Dose Study in Adult Patients with Myotonic Dystrophy Type 1 Study Design

- Phase 1/2a Trial tests the safety of the drug in DM1 patients
  - Multiple-Ascending Dose Study
    - 8 centers in the US
    - 5 different dose levels are tested: 100mg, 200mg, 300mg, 400mg, 600mg
    - Short 6-week treatment duration





Functional Outcomes Assessments



### IONIS-DMPK<sub>Rx</sub>-CS2: Phase 1/2a MAD Study in Adult Patients with Myotonic Dystrophy Type 1

Study Objectives

- Primary Objective
  - safety and tolerability
- Secondary Objectives
  - blood and urine pharmacokinetics
  - -muscle tissue effects
- Exploratory Objectives
  - biomarkers and clinical outcomes

- Lab values
- ECGs
- How are injections tolerated
- How fast the body breaks down the drug
- How the drug distributes throughout the body
- Splicing changes in muscle
- Myotonia tests
- Strength tests
- Functional test
- Patient-reported outcomes

## IONIS-DMPK<sub>Rx</sub>-CS2: Phase 1/2a MAD Study in Adult Patients with Myotonic Dystrophy Type 1

Main Inclusion/Exclusion Criteria

- Inclusion Criteria
  - Males or females; 20-55 years old
  - BMI < 35 kg.m2
  - Genetic confirmation of DMPK CTG repeat length ≥100
  - Onset of disease after age 12
  - Clinically apparent myotonia equivalent to hand opening time of at least 2 seconds
  - -Ambulatory
- Exclusion Criteria
  - Implanted device for the treatment of cardiac problems (pacemaker, defibrillator)
  - Clinically abnormal ECG or echocardiogram (central cardiac reader)

### IONIS-DMPK<sub>Rx</sub>-CS2: Phase 1/2a MAD Study in Adult Patients with Myotonic Dystrophy Type 1

Cohort Allocation



- Original protocol included 4 cohorts; added the 5<sup>th</sup> cohort at 600 mg based on satisfactory safety profile
- 2 patients treated with placebo in each cohort

Subject Baseline Demographics

	Placebo	100 mg	200 mg	300 mg	400 mg	600 mg
Ν	10	6	6	6	10	10
Age, Median (min, max)	38 (20, 48)	36 (26, 42)	33 (23, 47)	42 (33, 50)	39 (30, 46)	41 (25, 53)
Gender, Female, n (%)	5 (50%)	5 (83%)	3 (50%)	4 (67%)	8 (80%)	4 (40%)
Race, White, n (%)	8 (80%)	6 (100%)	6 (100%)	6 (100%)	10 (100%)	9 (90%)
Age at Sx onset Median (min, Max)	23 (12, 31)	22 (13, 33)	16 (13, 35)	23 (13, 45)	17 (12, 29)	30 (19, 44)
Age at Dx onset Median (min, Max)	31 (16, 40)	27 (24, 35)	28 (10, 43)	26 (23, 49)	28 (16, 37)	31 (19, 45)
CTG Repeats Median (min, Max)	432 (107, 1006)	271 (136, 546)	432 (256, 670)	616 (210, 1000)	645 (156, 1026)	368 (153, 763)
Isometric Handgrip Myotonia Relaxation Time in seconds, Median (Min, Max)	9.8 (1.4, 11.9)	7.6 (2.1, 11.3)	11.1 (2.3, 12.5)	5.4 (1.4, 7.6)	8.9 (2.8, 12.4)	1.3 (0.5, 10.4)
6 Minute Walk Test Median (Min, Max)	504 (285-661)	433 (357-545)	435 (260-645)	359 (223-640)	414 (283-508)	400 (250-637)
Myotonic Dystrophy Health Index, total score Median (Min, Max)	21 (5-52)	36 (34-41)	31 (30-47)	22 (5-48)	28 (20-47)	32 (17-44)

Heterogeneity of Patients

- Heterogeneity of patient population within and across dosing groups
  - Not unexpected, but exemplifying the mutli-systemic nature of the disease
  - Complicates interpretation of dose response relationship for clinical and molecular outcomes
    - Inclusion/exclusion criteria to focus on a more homogenous population
    - Need to use stratification for later stage trials
- Ongoing natural history studies aimed at helping better understand the heterogeneity and the progression of the disease throughout the spectrum of the disease

**Outcomes Measures** 

- Myotonia tests:
  - Isometric handgrip myotonia

1-2 day, in-person physical therapist training provided throughout the study:

- Study start
- Yearly thereafter

Lead trainer available for 1:1 sessions in person or by phone throughout the study

- 6- minute walk test
- 4 steps climb/descend
- Patient-reported outcomes
  - MDHI

- Trial generated solid and reproducible data
  - Emphasized ability to do a multi-center trial
- Variabilities were seen between patients
- Natural history and network studies have laid the ground work with respect to clinical trial readiness

**Reliability of Outcomes Measures Across Clinical Sites** 



#### Learnings from the IONIS-DMPK<sub>Rx</sub>-CS2 Trial Biomarker Analysis

- Good quality of muscle biopsies across sites
- Good quality RNA extraction
- Initial biomarker analysis also showed variability—similar to outcomes measures
  - Changes were modest, with some trends
- More work required to better understand
  - How biomarkers are modulated
  - Impact of disease duration on biomarker changes
  - Impact of MBNL level on biomarker changes

Muscle Pharmacokinetics - The Most Important Finding

- Muscle pharmacokinetics
  - Originally we did not anticipate to do this
    - small tissue size
    - need to prioritize biomarker analysis
  - Improvements in analysis methods, especially in the ability to use very small pieces of tissue, allowed us to measure drug concentration

### IONIS-DMPK<sub>Rx</sub> Did Not Reach Target Concentration of ~10 ug/gm in the Muscle



#### So What Now?

Antisense Oligonucleotides Designed to Human DMPK pre-mRNA



# Example of a More Potent ASO Identified by Deeper Screening

Dose Dependent inhibition of human DMPK transgene in DMSXL Transgenic Mice



# Working on Better Chemistries to Improve Activity of DMPK ASO



lsis #	Sequence (5' to 3')	Conjugate (X)	Heart ED <sub>50</sub> (mg/kg/wk)	Quad ED <sub>50</sub> (mg/kg/wk)	-
486178	ACAATAAATACCGAGG	none	21	11.2	
877864	XoACAATAAATACCGAGG	5'-C16-hexyamino	5.3	4.8	



## Drug Discovery Steps in the Process



### Conclusion

- Collaborative effort (sites, patient advocacy groups, patient community) has laid the foundation for future trials
- Due to the heterogeneity of patients with myotonic dystrophy it is important to have robust longitudinal data across the entire population for the measures used in a trial
- Our current research efforts focus on optimization of a drug with better potency
- Extracting all the data we can from the CS2 trial
- Ionis is committed to the development of a therapy for myotonic dystrophy

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Care and a Cure

